

WSC NEXT GEN GROUP TIMETABLE  
EFFECTIVE FROM NOVEMBER 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 AM			AQUATIC PHYSIO (HYDRO) Jennifer 7:30 AM Start		
8:00 AM					
9:00 AM					
10:00 AM					
10:30 AM					
11:00 AM				AQUATIC PHYSIO (HYDRO) Jennifer 11:00 AM Start	
11:30 AM					
12:00 PM					AQUATIC PHYSIO (HYDRO) Lisa CB 12:00 PM Start
12:30 PM					
1:00 PM			AQUATIC PHYSIO (HYDRO) Lisa CB 1:00 PM Start		AQUATIC PHYSIO (HYDRO) Lisa CB 1:00 PM Start
1:30 PM					
2:00 PM	AQUATIC PHYSIO (HYDRO) Jennifer 2:00 PM Start	AQUATIC PHYSIO (HYDRO) Jennifer 2:00 PM Start			
2:30 PM	AQUATIC PHYSIO (HYDRO) Jennifer 2:30 PM Start	AQUATIC PHYSIO (HYDRO) Jennifer 2:30 PM Start	AQUATIC PHYSIO (HYDRO) Lisa CB 2:30 PM Start		
3:00 PM					
4:00 PM					
5:00 PM					
5:30 PM		AQUATIC PHYSIO (HYDRO) Jennifer 5:40 PM Start			
6:00 PM					

SESSION DURATION - AQUATIC PHYSIO - 30 MINS