

WSC NEXT GEN GROUP TIMETABLE  
EFFECTIVE FROM FEBRUARY 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30 AM						
7:45 AM						
8:00 AM						
8:15 AM						
8:30 AM			GYM REHAB Leisa S 8:15 AM Start			
8:45 AM						
9:00 AM						
9:15 AM						
9:30 AM						
9:45 AM						
10:00 AM						
10:15 AM						
10:30 AM					GYM REHAB Leisa 10:20 AM Start	
11:00 AM						
11:15 AM						

SESSION DURATION - GYM REHAB 45 MINS