



HFL deals with Drugs in Sport

Attendees at the Hills Football League Trainers Association Annual Meeting on Sunday, June 22 were treated to a *Drugs in Sport* presentation by one of the greats of Sports Medicine in Australia, Dr Brian Sando of the Wakefield Sports Clinic.

In an Olympic year, this topic is big news all over the world. Beijing officials will face a tougher task than ever to ensure a level playing field for the world's best athletes.

Dr Sando is a world authority on Drugs in Sport, and one of the most experienced and decorated Sports Doctors in Australia. He is the Chair of the Australian Olympic Committee (AOC) Medical Commission; a Board Member of the Australian Sports Anti Doping Authority (ASADA); the World Anti Doping Agency Health and Medical Research Committee; and the Doping Control Review Board for FINA (World Swimming).



His long list of achievements includes four-time Chief Medical Officer for the Australian Olympic Team, Adelaide Football Club Chief Medical Officer; Davis Cup Tennis Medical Officer; Australian Track and Field Team Doctor; and Australian Swim Team Doctor.

He was awarded the Medal of the Order of Australia in 1995 for his services to Sports Medicine and inducted into the Sport Australia Hall of Fame in 2001.

Dr Sando shared his considerable experience with the dedicated trainers at the Hills Football League Headquarters on Sunday. His invaluable knowledge collected from decades on the front line bypasses textbooks and offers practical advice that only experience can bring.

Also presenting at the meeting were Mt Barker-based physios Kym Evers (physio for Adelaide 36ERS & Woodville-West Torrens FC) and Ian Scarborough (State and National League Volleyball, Australian Women's Volleyball Team), and Podiatrist Shane Breheny. Wakefield Sports Clinic is expanding to Mt Barker, and will open its doors on July 1.

Wakefield is responsible for the care of many of the nation's elite athletes, including players from the Adelaide Crows, Adelaide United, Adelaide 36ers, Matildas, Olyroos, six out of nine SANFL Teams, and various Olympic Teams.

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